

African Holistic Health Laila O Afrika

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Occult Book Review: African Holistic Health Book Review

African Holistic Health - A Dr. Laila Afrika Classic African Holistic Health | Laila Afrika | Health Risks of Chewing Gum **A review of the book: African Holistic Health— Instant Healing—Trying African holistic remedy Part 2: African Holistic Health Book Review** ___ African Holistic Health Book African Holistic Health- H3O Art Of Life Show African Holistic Health Group Intro 2015 **The Hidden Science of Black Holistic Health in Black Panther Event Trailer** Dr Laila Afrika Emotional Health and Vocabulary Black people must tell more truths, books lu0026 holistic approaches The Healer's Information - See description for link to Waiting List Truth in Medicine - Dealing with High and Low Sugar Levels (Ep. 6.01) (Download African Holistic Health Book, Health Books from Amazon Truth in Medicine - Choose Your Diabetic Lifestyle (Ep. 5.01) African Holistic Health Laila O Usually dispatched within 4 days. African Holistic Health: Your True Source for Holistic Health. Laila O. Afrika PhD. 4.8 out of 5 stars 97. Paperback. £ 15.00. Usually dispatched within 4 days. Next. Enter your mobile number or email address below and we'll send you a link to download the free Kindle App.

African Holistic Health Paperback— Illustrated: 16 Feb. 2012

African Holistic Health, by Dr. Laila O. Afrika is the first major book which addresses health issues from a comprehensive African-centered viewpoint. It provides a complete guide to herbal remedies along with homeopathic disease treatments.

—The Textbook of African Holistic Health— Dr. Laila Afrika

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African Holistic Health: Your True Source for Holistic—

african holistic health addresses health issues from a comprehensive african -centered viewpoint.it provides a complete guide to herbal remedies along with homeopathic disease treatments.what makes afrikan holistic health truly unique is the research dr. afrika has provided on the physiological and psychological differences between people of african descent verses people of european descent.

9781617690342: African Holistic Health— AbeBooks— Afrika—

Quotes from African holistic ... " Contemporary medical technology is not an advancement in medicine- it indicates the failure of Caucasian medical science and is a sign of ignorance. Technology cannot replace the human ability to diagnose disease by looking, touching and smelling to perform treatments without drugs. " — 1 likes

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Home— Dr. Laila Afrika

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African Holistic Health Paperback— June 17, 2004
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Go To Post African Holistic Health by Dr. Laila O. Afrika (Paperback and E-Book) Available at UnitedBlackBooks.org (Link in bio) African Holistic Health addresses health issues from a comprehensive African-centered viewpoint. It provides a complete guide to herbal remedies along with homeopathic disease treatments what makes Afrikan Holistic Health truly unique is the research Dr. Afrika has ...

African Holistic Health by Dr— African-American News—

Dr Laila O. Afrika is a Doctor of Naturopath, Licensed ' ' Acunpuncturist ' ' , Licensed Massage Therapist, Certified Addictionologist (treats all types of addiction), Certified Nutritional Counsellor, Medical Astrologist, Spiritual Counsellor, Marriage Counsellor, Psychotherapist and has worked as a nurse in the military.

Dr Laila Afrika— African Holistic Health Conference—

The concept of African holistic health means was put together by an African- American Dr Lilaia Afrika who strongly believes that for the black people to be healthy in mind, body, and spirit, they must begin to reassess their consumption

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A pioneer work in the field of health, Nutricide gives bold insights into holistic health and clearly is a brilliant fire for African nutritional liberation. Book jacket.

? Simple easy to use methods for non-professional and professionals? Find the cause of a disease in less than a minute? Take control of your health? Many easy physical examinations that reveal disease? Many Illustrations, Charts, Tables, and easy Chemical Test? Learn many body symptoms of sickness? You will identify the cause of an illness? You can Prevent disease and Stop illness

Natural approaches to maintaining or restoring overall well being. Chapters are devoted to the health concerns of particular importance to African-Americans such as heart disease & diabetes.

This book teach you what Melanin is and how it functions in the body.

Concise dictionary to help understand how to use supplements, vitamins, minerals, amino acids, and foods.

The twentieth anniversary edition of a transformative blueprint for ancestral healing—featuring new material and gateways, from the renowned herbalist, natural health expert, and healer of women ' s bodies and souls. " This book was one of the first that helped me start practices as a young woman that focused on my body and spirit as one. " —Jada Pinkett Smith Through extraordinary meditations, affirmations, holistic healing plant-based medicine, KMT temple teachings, and The Rites of Passage guidance, Queen Afua teaches us how to love and rejoice in our bodies by spiritualizing the words we speak, the foods we eat, the relationships we attract, the spaces we live and work in, and the transcendent woman spirit we manifest. With love, wisdom, and passion, Queen Afua guides us to accept our mission and our mantle as Sacred Women—to heal ourselves, the generations of women in our families, our communities, and our world.

A combination of West African Healing Wisdom, spirituality, and modern science, presents a self-care healing guide in which Concepts such as Orisha Energies form the basis for diagnosis and treatment of chronic illnesses that most frequently threatened balanced health. The Yoruba people, a tribe in West Africa, are considered to be the oldest herbalists on the planet. After living in ancient benin for a time, they settle in Egypt, bringing with them an herbal, dietary, and healing drum system dasting back 75,000 Years BC. Dr. Tariq Sawandi presents Yoruba medicine as a comprehensive system of healthcare that heals the whole person, mind, body, and spirit. Chapters include the history, philosophy, methodology, and medicinal usage of African and Caribbean herbs, Roots, gemstones, and sound to heal cancer, sickle cell anemia, high blood pressure, diabetes, HIV/AIDS, and other chronic diseases. This empowering book gives you many approaches to balanced health with easy-to-use charts, diagrams, and tables.

More than fifty Black women write about the health issues that affect them and their communities, and includes essays by Toni Morrison, bell hooks, and Zora Neale Hurston

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