

Successful Coaching 4th Edition Chapter Answers

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Successful Coaching 4th Edition Chapter

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Written by Rainer Martens, a respected and renowned sport psychologist, longtime coach, and lifelong competitive athlete, Successful Coaching, Fourth Edition, details the principles, knowledge, and skills that will help coaches build a foundation for their decisions and actions. Working through the text, coaches will define their philosophy, identify their objectives, and determine their coaching style.

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The fourth edition of Successful Coaching has been carefully revised to meet or exceed the guidelines of the National Council for Accreditation for Coaching Education and the recommendations of the National Standards for Sport Coaches. Successful Coaching is the primary text for the Coaching Principles online or classroom course offered by the American Sport Education Program (ASEP).

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Successful Coaching-4th Edition Challenges readers to think critically about their motivation for being a coach and establish a coaching philosophy and style that pave the way for a fulfilling sport experience for themselves and their athletes.

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teach principles of character. 1. model moral behavior. 2. use and teach ethical decision making. 3. motivate your players to develop good character. 4. create a moral team environment. 5. set rules for good behavior. 6. explain and discuss moral behavior. moral team environment. shared values.

Successful Coaching: Chapter 4 Flashcards | Quizlet

It's about coaching young people to become successful athletes--and successful human beings. But unless you already have the teaching skills of an educator, the training expertise of a physiologist, the administrative leadership of a business executive, and the counseling wisdom of a psychologist, you Being a successful coach is not just about Xs and Os and winning games.

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